

Stay Healthy Together

A Collaboration to Give Back to our Community

Armenian American Medical Association
City of Watertown
Mount Auburn Hospital

Free Event All
Are Welcome!

Saturday May 21, 2022
1 pm – 4 pm

Armenian Cultural and Education Center
47 Nichols Ave. Watertown, MA

Join us for an afternoon of healthy living information for all
ages and members of the community!

- Basic Health Screenings
- Interactions with Health Professionals
- Access to Community Resources
- Yoga and Qigong Mini-Sessions
- Nutrition Information
- Raffles and Giveaways

Healthy Snacks!



www.aamaboston.org

Mountauburnhospital.org

Beth Israel Lahey Health 
Mount Auburn Hospital